

# C.G.S. Newsletter

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October 2019

Dear Parents,

The world around our children is changing more rapidly than ever before. Our children from a young age are competent with technology that did not even exist just 5 years ago, conceived and developed almost alongside the children themselves.

In just 10 years' time the cycle of change will have gained further momentum. By the time our Reception children reach 21 who knows what experiences the world will be offering.

Good or bad our children need to be equipped, so having a positive view of themselves will be paramount to them, succeeding in this rapidly changing world.

With this challenging thought in mind we have spent the past year developing a school ethos and curriculum which takes the best of new innovations to enrich each child's learning journey, adding layers to the traditions and skills that lead to excellent teaching. We are doing our very best to ensure that all of our children hold a positive view of themselves and are ready to approach the future with self-confidence.

Using individualized learning across the school has ensured that all of our children expect to succeed. Rewards abound for every child who finds success; we do not expect failure but acknowledge challenges and work together to overcome them, so that each child develops skills of perseverance and tenacity. However our world develops, these are skills which will remain essential for life.

We now need support from you parents, to help us, help your children to succeed in this ever-changing world.

Mahine Khan



## QUEEN'S COMMONWEALTH ESSAY

The Queen's Commonwealth Essay Competition is the world's oldest schools' international writing competition, managed by The Royal Commonwealth Society since 1883. Every year, it offers all Commonwealth youth aged 18 and under the opportunity to express their hopes for the future, opinions of the present, and thoughts on the past. In 2019, 11,000 young people from across the Commonwealth entered the Competition. This year's competition, on the theme 'A Connected Commonwealth' asked entrants to consider how they can work to use cultural, technological and environmental connections for positive change across the Commonwealth. CGS / CGSD had a total of 56 winners. These included 34 Bronze, 15 Silver and 7 Gold winners. Pictured above are winners from CGS. Congratulations!

## RAISING & EDUCATING GEN Z

A seminar was held to discuss the challenges parents and educators face in raising Generation Z (Gen Z) - children born after the internet came into existence. Some issues identified include:

- ◆ Boredom with traditional classes and subjects
- ◆ Mental stress caused by cyber bullying or other pressures from increased social media interactions
- ◆ Gen Z are somewhat disconnected with the older generation, parents and teachers alike
- ◆ Addiction to their gadgets like mobiles or ipads
- ◆ Excessive amount of time spend on social media
- ◆ Drop in fitness in Gen Z due to hours spend indoors as well as unhealthy eating habits

In order to engage this generation better, we are bringing about changes in classroom practices as well as focusing on mental wellbeing and leadership development.

- ◆ Flip Learning to motivate students by giving them ownership of their learning
- ◆ Increasing use of technology in classrooms
- ◆ Workshops and awareness campaigns on issues such as child protection, bullying or happiness
- ◆ Counsellors at each campus with an open-door policy to be available for students
- ◆ Team activities and challenges, outward bound, trek, conference and travel opportunities
- ◆ Focus on values and personal development
- ◆ Focus on developing empathy through service

## SCHOLASTICA BASKETBALL

CGS (below) was runners-up at the Inter-School Basketball tournament held in Dhaka recently.



## GRATITUDE DAY

All CGS campuses celebrated 'Gratitude Day' on 19<sup>th</sup> September. Research has shown that grateful people are happy people. Upper School students took over duties from support staff and cleaned classrooms and outdoor areas, did chores and gave thanks to express their gratitude, Middle School students made gifts and cards for them while Lower School students had a range of art activities, games and songs to celebrate this special day. A group in blue/green mufti below:



## RS & MUN UPDATES

As we go into print a team is travelling to the IRS Conference in Indore, India.

In addition, recruitment for teams is ongoing for other RS conferences and MUN's, including one to Oxford University. We also have a study tour for ALL UPPER school students to Singapore this year.

## CALENDAR OF EVENTS

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RS International Conference	2-8.10.19
Durga Puja Holidays	4-8.10.19
College Board SAT Test	5.10.2019
IT & Science Fair	25/26.10.19
Costume / UN Mufti Day	31.10.2019