

# C.G.S. Newsletter

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Dear Parents,

Remember your child's first day at school - nervous and excited, about to enter the uncertain world of education. Ever since, they have stumbled and fallen they have experienced both disaster and triumph, sometimes in the same day, but have since learned that neither triumphs nor disasters last forever. They both pass, and a new day arrives. It is important therefore, to make each new day count. Soon they will be leaving school, as nervous and excited seniors about to enter the even more uncertain world of adulthood.

They must not be afraid of fear. Those words take me back to my school days, when my headmistress had said those words to me. What she meant was, don't let fear rule you. But for the moments when you are challenged by other fears - like "Am I good enough?" "Am I smart enough?" "Will I fail?" - throw caution to the winds, look fear straight into its ugly face and press forward. And when you get past it, turn around and give it a good kick. Don't overcomplicate things. You can navigate each day just by following some very practical dos and don'ts.

The trick is to listen to one's instincts, grab the opportunity when it presents itself and then give it one's all. Especially when sitting for final exams. Fear atrophies the brain and all that one has learned seems to draw a blank. So parents it is your duty to see your child is on an even keel, emotionally. Mahine Khan.



## CGS ALUMNI CLUB OPENS!



## FOUNDATION DAY AT CS

All 6 CGS Community Schools celebrated a 'Foundation Day' to kick start the school year. CGS CS now delivers free education to almost 1100 students across 6 campuses, including one at Bhatiyari. Foundation at CS at CGSD pictured above.



## DUKE OF EDINBURGH

67 CGS students achieved the Gold Award - more than any other institution in the country! Some of the winners pictured above at the recent ceremony at the British High Commissioner's residence.



## RS CONFERENCE AT CGS

CGS hosted its 11<sup>th</sup> RS Conference with 1662 delegates. See special conference supplement.

Mahine Khan and Zia Sir also returned recently from the Regional AGM at Singapore International School, Mumbai, India. Actor and activist, Rahul Bose who was a keynote speaker is pictured above with school Heads and Reps. CGS NC was made a RS Global Member, only the second school in Bangladesh to attain this honour.

A team recently returned from the Harvard MUN, pictured right in front of the statue of Liberty, which was part of their tour!

Nuren (11G), below, took part in an exchange programme with Realschule in Germany.



## LOWER SCHOOL PITHA UTSHAB



## SPORTS ROUND-UP

**BADMINTON:** Senior Inter-house

Girls Final: Service (15) Vs Courage (11), Boys Final: Service (15) Vs Generosity (10), Winners: Sabbria (12G) & Fahad (12C)

**BASKETBALL:** Intermediate Boys Inter-house:

Match 1: Courage (4) Vs Generosity (8), Match 2: Service (10) Vs Generosity (17), Match 3: Courage (2) Vs Service (6), Final: Service (8) Vs Generosity (12), M-O-T-M, Arpon (7M).

**ALUMNI BASKETBALL - 2020**

CGS Alumni Association hosted a Basketball Tournament at CGS Upper School, pictured below are the girls winners. Boys alumni won, while the alumni girls were runners-up.



## CALENDAR OF EVENTS

## DATE

Lower Annual Cultural Programme	6/7.3.2020
College Board SAT Exams	7.3.2020
Summer Term Commences	8.3.2020
Bangabandu's Birthday	17.3.2020
Winter Term PTM	21.3.2020
Shab-e-Maraj	22.3.2020
Independence Day	26.3.2020